



ST. PATRICK
CATHOLIC COMMUNITY
CHRISTIAN DISCIPLES IN MISSION

The Next Chapter

Fall Session Starts

Tuesday, September 14 1:00 - 3:00 pm

House of Mercy classroom

The Next Chapter is for those further along in their grief journey after the loss of a loved one.

It is not about “moving on” it is about “moving forward” with others who have experienced similar loss.

Topics

September 14: Taking the Next Step - Moving forward.

Looking Beyond the Past

October 12: Faith, Hope and Afterlife - Fr. Andre

November 9: Handling stress / relaxation techniques

December 14: Attitude of Gratitude / Christmas Party

Meetings are the second Tuesday and a social activity the fourth week of each month

Email questions to :

Peg Bohnert at

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